
Welcome to Aalborg Psychiatric Summer School 2015

First announcement

Aalborg Psychiatric Hospital, which is part of Aalborg University Hospital, arranges for the 10th time *Aalborg Psychiatric Summer School*, August 24 – 28, 2015. The following courses are offered in 2015:

- **Autism spectrum disorder (ASD) in adults (August 24th to 25th 2015 – 2 days)**
- **Cognitive Remediation Therapy for Anorexia Nervosa (August 27th 2015 – 1 day)**
- **SCAN – Present State Examination (August 24th to 28th 2015 – 5 days)**
- **Scientific Writing and Publishing (August 24th to 28th 2015 – 5 days)**
- **Mixed Methods Research Design – basic workshop (August 24th to 26th 2015 – 2½ days)**
- **Mixed Methods Research Design – advanced workshop (August 27th to 28th 2015 – 2 days)**
- **Basic psychopharmacology (August 24th to 25th 2015 – 2 days)**
- **Advanced psychopharmacology (August 26th to 28th 2015 - 3 days)**

We intend, besides offering relevant courses of a high professional level, to gather young clinicians and researchers together with seniors in an international professional and social creation of networks.

We have some of the best Danish and international teachers. The training consists of a mix of presentations and workshops. The limited number of participants accommodates the need for intensive personal training in an interaction between teachers, course faculty and fellow participants.

THE COURSES:

Autism spectrum disorder (ASD) in adults (August 24th to 25th 2015)

- The course is directed for the staff in psychiatric hospitals working with and interested in the diagnosing and treatment of adults with ASD. The course is addressing mainly psychologists and psychiatrists
- During the course a presentation of symptoms of ASD in adults will be provided, especially focusing on psychiatric assessment and psychological testing but treatment and outcome will also be mentioned
- The different topics will be supported by available research as relevant
- Language: Danish/English (depending on nationality of participants)
- Participants: 20
- Course leader: Child and adolescent psychiatrist, associate professor, DMSc Marlene B. Lauritsen

Workshop: Cognitive Remediation Therapy for Anorexia Nervosa (August 26th 2015, 1 day)

- Target audience - psychologists and other with interest for treatment with Cognitive Remediation Therapy (CRT) for patients with an eating disorder.
- The course is an introduction to CRT which targets cognitive characteristics in anorexia nervosa. This workshop will provide overview of rational and research bases for CRT and demonstrate practical exercises for delivery of CRT.
- Language: English
- Participants: 15
- Course facilitators: Dr. Kate Tchanturia, PhD, Consultant Clinical Psychologist, FAED, FBPS. senior researcher and psychologist Gry Kjærdsdam Telléus, PhD, Post doc

Scientific writing and publishing (August 24th to 28th 2015, 5 days)

The workshop aims at bringing the participants a basic understanding of how to write a scientific manuscript and how to improve the chances for succeeding in getting the manuscript published. The workshop consists of input from the course leader and workshops during which the participants work together on their own manuscripts under supervision by the course leader.

- Target audience is physicians, psychologists and other with a limited experience in writing manuscripts for international peer reviewed journals and supervisors who want an update in *scientific writing and publishing*.
- Every one of the participants must submit a draft manuscript or a research protocol under preparation one month before the course.
- Language: English – depending on the participants.
- Number of participants: 12 (international audience)
- Course leader: Povl Munk-Jørgensen, has acted as editor-in-chief for more than 17 years for the successful, general psychiatric journal *Acta Psychiatrica Scandinavica*. He has been teaching internationally at numerous courses and workshops like the present

SCAN – Present State Examination (August 24th to 28th 2015, 5 days) [only for Scandinavian speaking participants]

- Target audience is mainly physicians and psychologists
- Theoretical training in psychopathology, instruction and training in the use of PSE for patient interview
- The course has been approved as an official SCAN course. The teachers are authorized SCAN teachers.
- Language: Danish and English.
- Number of participants: 8 (target audience: Denmark, Norway and Sweden).
- Course leader: psychologist Anelia Larsen, PhD

Mixed Methods Research Design – basic workshop (August 24th-26th 2015, 2½ days)

- Target audience is graduate students and healthcare personnel interested in designing mixed methods projects that use qualitative and quantitative data in their research. After attending this course, participants will: 1) understand basics of conducting mixed methods research, 2) develop rigorous mixed methods research questions appropriate to their topics, 3) identify appropriate qualitative and quantitative data sources, 4) understand mixed methods designs, 5) choose one mixed methods design appropriate to their research questions, 6) develop an implementation plan using a mixed methods implementation matrix, 7) prepare for data mixing/integration, and 8) develop a plan for publication and consider approaches for responding to reviews.
- To get the most out of the workshop, participants should expect to do assignments about one hour each day after the workshop!
- Language: English with Danish support.
- Number of participants: 20 (international audience)
- Course leaders: Michael Fetters, MD, MPH, MA, professor, Mixed Methodologist and Tim Guetterman, MA, applied research methodologist.

Mixed Methods Research Design – advanced workshop (August 27th-28th 2015, 2 days)

- Target audience is researchers i.e. healthcare personnel already using a mixed methods research design. Participants should bring their own qualitative and quantitative data.
- After attending this course, participants will: 1) be able to write a mixed methods title, aim, and research questions 2) be able to accurately describe their mixed methods design 3) understand advanced methods in integration 4) develop joint displays/visuals of their qualitative and quantitative data 5) be able to write results of the integrated analysis 6) understand strengths and limitations regarding their own projects 7) understand dissemination options for presenting and publishing mixed methods.
- To get the most out of the workshop, participants should expect to do assignments about one hour each day after the workshop!
- Language: English with Danish support.
- Number of participants: 10 (international audience)
- Course leaders: Michael Feters, MD, MPH, MA, professor, Mixed Methodologist and Tim Guetterman, MA, applied research methodologist

Basic psychopharmacology (August 24th to 25th 2015, 2 days)

- Target audience is physicians and psychologists and others interested in psychopharmacology.
- The course in basic psychopharmacology introduces the participants to general pharmacological principles and receptor systems. This course gives the necessary knowledge for participation in the advanced psychopharmacological course.
- Language: Depending on the participants. If there are any international participants, the language will be English otherwise Danish.
- Number of participants: 14 (international audience)
- Course leader: René Ernst Nielsen, MD, PhD.

Advanced psychopharmacology (August 26th to 28th 2015, 3 days)

- Target audience is physicians and psychologists.
- International and Danish lecturers will give insights into clinical psychopharmacology. The participants are requested to send cases with psychopharmacological problems – to be discussed during the course
- Language: Depending on the participants. English when the teacher is international.
- Number of participants: 14 (international audience)
- Course leader: René Ernst Nielsen, MD, PhD.

Lectures - during lunch time

Tuesday August 25th at 12.00-13.00: Not yet decided

Thursday August 27th at 12.00-13.00: Kate Tchanturia (ph.d. consultant clinical psychologist, King's College London, Institute of Psychiatry)

Lunch will be served during the lectures.

Registration fee

- *Autism Spectrum Disorder (ASD) in adult*: Euro **267**
 - *Cognitive Remediation Therapy for Anorexia Nervosa*: Euro **200**
 - *SCAN*: Euro **565**
 - *Scientific writing and publishing*: Euro **565**
 - *Mixed Methods Research Design - Basic*: Euro **400**
 - *Mixed Methods Research Design – Advanced*: Euro **267**
 - *Basic Psychopharmacology*: Euro **267**
 - *Advanced Psychopharmacology*: Euro **400**
- (If you choose to follow both the *Basic Psychopharmacology course* and the follow-up course *Advanced Psychopharmacology* the price for the two courses will be Euro **565**)

The fee includes training, course material, lunch, coffee/tea morning and afternoon and lectures. The fee also includes a social event Wednesday evening due to the 10 year anniversary of the *Aalborg Psychiatric Summer School*.

Prices exclusive of VAT are based on financial support for the academic program from Servier, Otsuka Pharma and Lundbeck.

Accommodation

Accommodations must be booked and paid by the participants themselves. We can recommend the hotels below which are within walking distance from the venue.

[Prinsen Hotel](#), phone +45 9813 3733

[Hotel Hvide Hus](#), phone +45 9813 8400

[Quality Hotel](#) phone + 45 7012 5151

Venue

Aalborg Psychiatric Hospital, Mølleparkvej 10, 9000 Aalborg, Denmark.

Registration

Registration to e-mail: chjo@rn.dk informing about your name, title, line of work, address, telephone number, e-mail and which course you are interested in (**deadline for binding registration 15 June 2015**). Information regarding payment will be sent to the participants.

We are looking forward to seeing you at the *Aalborg Psychiatric Summer School 2015*.

Best regards
on behalf of the Summer School Faculty

René E. Nielsen, MD, PhD
Chairman of the Summer School